

CQC -Cybersecurity

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TOP TEN BEST PRACTICES

- Create Passphrases and make them strong
- 2. Secure Access to accounts
- 3. Think before you act
- 4. When in doubt, throw it out!
- 5. Share with care
- 6. Use security software
- 7. Adjust browser safety settings
- 8. Use default firewall and security on your machine
- 9. Log out
- 10. Consider support



Create a sentence that is complex. For example:

Myfootballnumberwas#3

Use Password Software





Create a complex Passphrase for the account



Use complex passwords on the individual site.

Let LastPass navigate the different sites

2 Factor Authentication



Use a program not your text message system

Phishing - 91%



- 1. Legit companies don't request your sensitive information via email
- 2. Legit companies usually call you by your name
- 3. Legit companies have domain emails
- 4. Legit companies know how to spell
- 5. Legit companies don't force you to their website
- 6. Legit companies don't send unsolicited attachments
- 7. Legit company links match legitimate URLs



Cybercrime damages are predicted to cost the world \$6 trillion annually by 2021, up from \$3 trillion in 2015.





When in doubt:

Call the Sender

If you don't know them throw it out

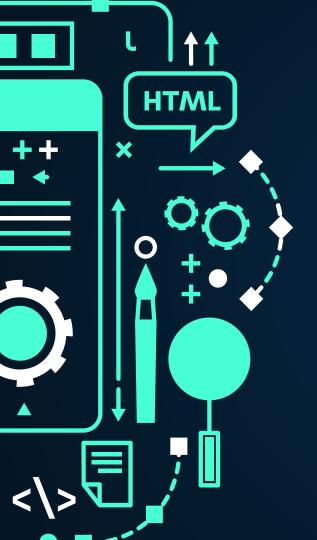
Seek an expert

Don't take anything for granted

A legitimate company/friend will not mind answering the inquiry

Do not click on links or open attachments unless you are sure if the are valid.





THANKS!

Does anyone have any question?

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