

Cindy Grisdela  
Contemporary Art Quilts  
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**Focus on the Improv Block Supply List**

Make an Improv Block the center of your composition and add your own borders--maybe curved strips or asymmetrical open space--it's completely up to you to make your quilt your own. This process can be adapted to any size quilt. We will use my improv block technique using scraps and discuss border option designs.

Strips and scraps of cotton fabric – can be solids, batiks, tone on tone, small scale prints, or a combination. Avoid large scale prints. If you don't have strips and scraps handy, 8-12 fat quarters should provide a good variety.

1/2 yard neutral for background, or several fat quarters in several different tones or shades of the same color. Neutral doesn't have to be boring—it's simply a place for the eye to rest!

Sewing machine in good working order

Rotary cutter and mat

Rulers – suggest 6" square and 6" x 12"

Scissors or thread snips

Neutral thread

Batting to design and transport your quilt

Extension cord

\*optional *Artful Improv: Color Recipes, Building Blocks & Free Motion Quilting* by Cindy Grisdela

If you have any questions, please contact Cindy at [cindy@cindygrisdela.com](mailto:cindy@cindygrisdela.com)